



Bright Tomorrow's Menu Cycle



Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	Pancakes (2) or French Toast (will rotate) Turkey Sausage (2) Applesauce (1/2c) Milk (8 oz)	Penne (1/3 c) & (4) Turkey Meatballs Sauce on side 1 cont/room Melon Cup (1/2c) Garlic Bread – 1's room white bread/butter Milk (8 oz)	Cubed Warm Ham(2 oz) String Cheese (1 oz stick) Mango(1/2c) Blueberry Muffin Milk (8 oz) (3oz)	Turkey Dog (Cut up) Sweet Potato Wedges (1/2 c) Strawberries (1/2c) Vanilla Yogurt Milk (8 oz)	Mac & Cheese (1/2 c) Cucumber strips w/ Ranch Apple Slices –(Bag) Milk (8 oz)
2	Chicken Tenders(3 oz) Whipped Sweet Potatoes (1/2 C) Veggie of the Day (1/2 c) Dried Cranberries (2 oz) Milk (8 oz)	Cheese Quesadilla (1/4 lg shell) Salsa & Sour Cream Halved Grape Tomatoes (8) Fresh Fruit Cup (1/2c) Milk (8 oz)	Mini Ravioli (6-7) Sauce on Side 1 cont/room Garlic Bread -1's room white bread & butter 6 black olives Apple Slices(Bag) Milk (8 oz)	Egg, Turkey Bacon & Cheese Pizza Slice Banana (1/2 c) Vanilla Yogurt Milk (8 oz)	Fish Sticks Warm Peas with butter (1/2c) Muffin Strawberries (1/2 c) Milk (8 oz)
3	Grilled Cheese (2 sl) Sandwich on Wheat(2 sl) Black Beans(1/2c) Raisin Box Milk (8 oz)	Hummus & String Cheese 1/2 Pita Bread Shredded Carrots(1/4 c) Grape Halves(1/2 c) Milk (8 oz)	Turkey burger Slider Baked French Fries Broccoli Bites (1/2 c) Ranch Dressing Dried Cranberries(2 oz) Milk (8 oz)	Bow Tie Pasta (1/3 c) & (4) Turkey Meatballs Sauce on side 1 cont/room Apple Slices -Bag Salad(1/2 c) w/ Ranch Milk (8 oz)	Waffles w/ Syrup cup Turkey Sausage (2) Strawberries (1/2c) Milk (8 oz)
4	Scrambled Eggs Ham Cubes(2 oz) Muffin Mandarin Oranges (1/2c) Milk (8 oz)	Swedish Meatballs (3oz) Egg Noodles(1/2 c) Applesauce(1/2 c) Cucumber strips w/ Ranch Milk (8 oz)	1/2 Turkey Sandwich on whole wheat bread (1's & 2's) Whole sand (3's&4's) Baby Carrots(7 halved) Melon Cup (1/2 c) Milk (8 oz)	Chicken Tenders (3oz) w/ sauce Sweet Potato Wedges(1/2c) (1/2 C) Pineapple (1/2 c) Vanilla Yogurt Milk (8 oz)	Pizza – Whole pies sent to each room (1/12) of Large pie each 1-2's and full slices for 3's &4's 6 Black Olives Mango (1/2c) Milk (8 oz)
5	Stuffed Shell (1) Salad (1/2 c) w/ Ranch Garlic Bread Apple Slices (bag) Milk (8 oz)	Fish Sticks Corn (1/2 c) Peaches (1/2 c) Whole Wheat Roll Milk (8 oz)	1/2 Bagel (1's -3's) Whole Bagel – 4's Pc Jelly & Cream Cheese Vanilla Yogurt Mandarin Oranges (1/2c) Milk (8oz)	Diced Chicken (2 oz) w/ mild salsa, Small Tortilla Shell, Choice of Chopped tomatoes, Lettuce, cheese and black beans Grape Halves(1/2c) Milk (8 oz)	Grilled Cheese (2 sl) Sandwich on Wheat(2 sl) Halved Grape Tomatoes (8) Banana Milk (8 oz)

