

## DISCIPLINE POLICY

At Bright Tomorrows Childcare Center, we take a preventative approach to discipline. This approach teaches children positive behaviors, rather than punishing them for misbehaviors. Our goal is to provide children with motivation and an opportunity to make choices. We allow the children to function independently, learning social skills through gentle, encouraging guidance. The children learn to respect the needs of others, to adapt to routines and simple rules, and ultimately, to become responsible group members.

At the time when intervention or discipline becomes necessary, the following guidelines are followed:

1. Consistent positive communication is given to positive behaviors with minimal attention given to misbehaviors.
2. Problems are handled in a manner that redirects the child to a more positive activity, rather than punishing the child. As a last resort, a teacher supervised "time out" will be used. The general rule for "time out" is a "child will sit for one minute for each year of the child's age." After the "time out" the teacher will talk with the child explaining why the child was in "time out" and share ideas as to how to work on correcting the behaviors.
3. Children should never be disciplined for failure to eat, sleep or for soiling themselves. Abuse of any sort, whether verbal, emotional or physical, is absolutely prohibited. No child will be physically restrained in any way, unless it is required to protect the immediate safety of the child or other children or staff members.

All Bright Tomorrows' staff members are informed that failure to follow these guidelines may result in immediate discharge. Center policy further prohibits the use of any form of humiliating, frightening or corporal punishment under any circumstances. Finally, Bright Tomorrows reserves the right to dismiss any child who may jeopardize the welfare and safety of the children or staff members.